

Connections

... created by and for members of the eQ Resident Club

March 2020

Update from the Board

The Club Budget is Approved !

Every year since the club opening, eQuinelle Management has made a generous financial contribution to ensure that our club remains well equipped and continues to offer a wide variety of activities for all members to enjoy.

In December, your Advisory Board consulted event organizers as well as programs and activity leaders. From that input, a funding proposal was developed and submitted to eQ Homes for consideration.

Following discussions with eQ management, we are very pleased to inform members that our funding request has been approved. As a result, over the coming months, we will proceed with the following major initiatives:

- **Defibrillator training will be offered to interested members.**
- **Additional equipment will be purchased for the fitness studio, including dumbbells, pull-up bar, gliding discs, step boxes and various other pieces.**
- **Water dumbbells, a blue tooth system and outdoor storage cabinet.**
- **New indoor pickleball nets.**
- **Additional stained-glass sets.**
- **A communal puzzle table (in place in the Library).**
- **New billiard balls and cues.**
- **A variety of replacement items as needed for ongoing activities, clubs and programs.**

In addition, eQ will complete the construction of the outdoor tennis and pickleball courts and will improve the landscaping around the swimming pool area as soon as the weather allows.

On behalf of the whole membership, we also express our sincere appreciation to eQ Homes for favorably considering our request. Working together and with everyone's cooperation and support, we will proudly continue to offer all members a resident club second to none.

Bored? Get on the Board!

The Resident Club is managed by an advisory board composed of a group of volunteer members. The club's annual general meeting takes place every year in the Fall. Leading up to the AGM, the Board invites nominations from members who are interested in serving. This process will take place once again this year starting in late Spring. Board members' terms are set at 2 years, although members can elect to continue serving for an additional term in a different capacity when a vacancy is created by a departing director.

Six members currently serve on the board, which is the minimum required as stated in our governance manual. Consequently, should no one depart this year, the Board could accept up to 4 new directors.

The Board holds monthly meetings, (less frequently during the winter), as well as occasional ad hoc meetings whenever the need arises.

Each Board member is asked to take on a role in one or more capacities, depending on interest, expertise and availability: for reference, directors' current areas of responsibility are listed on our website under the 'About Us' header.

With this in mind, **we invite members to consider contributing their time and expertise to the continuing success of the resident club.**

We are privileged to live in a community where the amenities are unique and second to none and where camaraderie and goodwill are the trademarks of our neighborhood. The resident club is at the heart of our great community. Its ongoing success depends on members' willingness to get involved.

Don't just think about it, do it!

A formal call for nominations will be sent out this Spring. In the meantime, feel free to contact an Advisory Board member should you have any questions in this regard.

Club Upcoming Events

At last Fall's AGM, the Board identified four events that it proposed be recognized as 'Signature Events', to be organized every year. While it may not look like it, the warmer weather will soon be upon us and our snow-bird friends will be returning to Equinelle, so it is not too early to start thinking about the planning of those and any other events that could be offered to members.

- The first Signature event of 2020 will be our **Welcome Spring Celebration. In order for this event to take place, an organizing committee needs to be formed.**
- **The Summer Outdoors Party**, which will be led by Keith Bottriell and his team nicknamed 'The Patch', is shaping up to be a corn roast scheduled for August 30.
- As in past years, the club's **AGM and member appreciation event** is planned for the Fall and the Advisory Board members will take the lead in planning that evening.
- The club's popular **Christmas dinner-dance** will once again take place in early December. Len and Marianne Phillips are already getting a team together to help them make it another memorable celebration. Consult the club calendar where the date will be posted once it is confirmed.

Also, resident club member Erika Keller has stepped forward to organize an **Octoberfest** themed celebration. As soon as that date is set, it also will be inserted in the calendar.

The Board expresses its appreciation to all members agreeing to devote time and effort to the ongoing success of the club. In addition to the above events, we invite members to consider getting together and stepping forward as a convening group to offer additional activities for our members to enjoy. The Advisory Board will be happy to meet with interested parties and provide support and guidance. Members are encouraged to signify their interest by emailing a member of the Board.

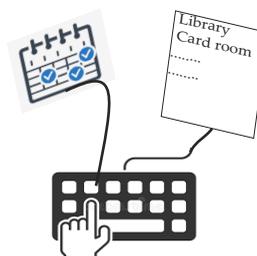
Questions, Comments, Suggestions?

All Advisory Board members are available to answer your questions regarding the club, its programs and activities. We also welcome your comments and suggestions.



All Board members' areas of responsibilities and email addresses are posted on the resident club website, for your convenience. We are also pleased to report that the club's general email address, info@equinelleresidentclub.com has been restored. It is once again fully operational and will be monitored regularly.

Need a Room? Get a Room!



Several rooms in the Resident club can be made available to members at no cost for a private function or activity. Residents interested in using club premises are encouraged to **use the 'Room Reservation Form' that can be accessed on the website.** Simply log in to the member's section, go to the Events Calendar Heading and click on the 'Room Reservation/Activity Request' tab. A Board member will receive and review your request and contact you shortly thereafter to assist you and answer questions.



F I R E S I D E G R I L L

MAKE IT A NIGHT OUT!

check out our Friday night table d'hôte menus and for reservations
please email firesidegrill@equinelllegolf.ca

Gym News

At the request of some members, we are pleased to announce that the **fitness room operating hours have been extended:** members now may access the club from 5:00 a.m. until 10:00 p.m. Members who must get to work early can now more easily get their work-out in before leaving for the office.

Regular fitness enthusiasts will have noticed a spike in members using our gym facility. While the New Year always entices people to focus on exercising, it is great to see the club's fitness and yoga studios being put to good use. However, more frequent use puts greater strain on the equipment and a more urgent need to ensure that all pieces are wiped clean after each exercise set.

We have added new spray bottles and wipes to the existing dispensers and ask that users clean the equipment immediately after use. This is not only a courtesy to the next person but it also preserves the life of the machines, prevents breakdowns and frustrating out of service occurrences and reduces the need for costly special service calls.



WELCOME

On behalf of the membership, we welcome the following new resident club members:

- ⦿ Sylvia Barabas & Michael Kendall
- ⦿ Wendy Fair

If you are a new member and have been missed, please let us know by sending an email to erabmitch@gmail.com. We'll be sure to include you next time.

Gift Card Draw

As there were some cards remaining from last year's allocation, the Board is awarding 4 gift vouchers in this issue.

Congratulations to our winners:

- Colleen Field, 170 Royal Landing Gate*
- Carol Walsh, 7 Wycliffe*
- Mary MacCuaig, 239 Royal Landing Gate*
- Joan Beauregard, 1 Horizon Crescent*

Gift cards will be delivered shortly!
Enjoy!

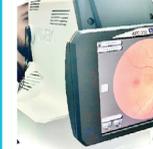


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eQuinelle Resident Club New Year's Eve Games/Casino Night

2020 was rung in at our Resident's Club with 85 gamers for our 4th New Year's Eve Games/Casino Night. We had a bit of a fright when the power was off in the afternoon. We got very concerned when we received Hydro One's notice that power would only be restored at 11PM. We had already rented the tables, bought and prepped the food, and purchased the gifts. What would we have done? Insurance liability would not have let us go ahead with candles or flashlights. With a big sigh of relief, the power was restored at 5PM and literally it was Game On!!!



Thanks to Nicole Hum who purchased and organized the food and her team of Albert Hum, Marilynne Kennedy and Dianna Berry. The food tables were filled with delicious nibbles. Thanks to Marilynne and Rick Baker for once again creating a "Guess the number of balls and tees" in the jar - won by Cindy Batchelor. Thanks to Marc Ethier, Greg Lane and Andy Legault for getting the game tables in Carp, setting them up and returning them. Thanks to Nicki Wilmore for the big job of ticket sales, her helper Linda Stapledon, and for looking after the front desk with Elisa Lane. Thanks to Carmen and Jacques Saumure of So-Tek for printing our tickets.



Bid Euchre, 6-handed Euchre, Scrabble and Boggle seemed to be popular games for some. Thanks to those manning the blackjack, war, roulette and pig tables: Andy Legault, Marc Ethier, Rick Baker, John Berry, Danelle Ethier, Jacques Saumure, Randy Wood, Greg Lane, Nicki Wilmore and myself. We recruited a few members during the evening and they apparently enjoyed themselves quite a bit. Next year we hope you'll volunteer for a regular shift at one of the tables.



Thanks to Elisa for purchasing all the gifts for our door prizes. Winners were Justine Shaughnessy, Danelle Ethier, Bob Ruis, Kim Downey, Sharon Robert, Rosemary Fischer, Nicki Wilmore, Rita Winter, Greg Robert and Rick Winter (notice the lucky households). She also purchased and beautifully wrapped our 11 auction prizes. Winners were Francine Boyce, Lynn Ross, Cathy Jeffreys, Cyndy Batchelor, Benoit Saumure, Steve Downey, Nancy LeBrun, Virginia Boro, Piera Wharton, Anne McCready and Karen Collins.

New Year's Eve Games/Casino Night



Thanks to Greg Lane, our auctioneer and his assistant Andy who brought in thousands of dollars for each prize (too bad it wasn't real money). Thanks to Rick Milks of eQuinelle for all the party favours, donating 4 rounds of golf with carts for our gift bags plus gift cards for our door prizes. Thanks to Dianna and John for taking care of the bubbly to ring in the New Year.

We hope our Resident Club members and their guests enjoyed themselves and continue to build friendships and camaraderie through special events such as this.

... submitted by Susan Legault



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"Good Sleep, Good Health, Good Life"

eQuinelle Billiard League

The eQuinelle Billiard League has become a very popular evening activity for resident club members. The billiard room is now one of the most frequently used rooms in the facility. The league has 45 registered players playing evenings Sunday to Thursday each week. The caliber of play has improved over the season as new and returning players become better at shot making.

This spring, league members will participate in a season ending tournament and banquet that is scheduled as follows. Round robin play will take place April 26-30 with the year-end tournament scheduled over two days, May 2-3. The season ending banquet for all league members and spouses will be held on Sunday evening, May 3.



For resident club members looking to join the league next fall, look for an email blast sometime in August announcing dates of pool lessons and league information/registration sessions.

Visit our web site <http://eq.pplms.ca/play/statistics.aspx>

For additional information about the league please contact:

Ted Livingston ctliv@bell.net or
Doug Peace dpeace57@gmail.com

... submitted by Doug Peace



Art Group Workshop



On February 13, 2020, the art group held a workshop in the craft room. Nine people decided to take part in this workshop. Some had painted before but there were others that had never tried this creative activity before.

Everyone enjoyed trying these painting techniques: 1) blending of two paint colours 2) some abstract painting 3) creating a flower 4) shading the petals of the flower that were needed to complete the painting. Everyone was able to accomplish all these different techniques with help from the members of the art group. Even though all participants painted the same picture not one of paintings were the same as each reflected the individual artist. The art group would like to thank everyone that participated for making this workshop a great success.

... submitted by Ann Martin

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Watch for the date!

EQ LIBRARY DONATION DAY

The library committee will soon be looking for donations of gently used, recent bestsellers by popular authors to add to the collection.

Please put aside any books you would like to contribute, and watch for the date to drop them off at the EQ library

Our current genres are Fiction, Biography and Non-Fiction.

Thank you for your continued support of our Library



EQ Book Club



The eQ Book Club meets on the third Thursday of every month in the library, from 1:00 PM - 3:00 PM, to discuss books, authors, and ideas.

Book selections for the current season are posted on our website.

For additional information, please contact Elisa Lane at: elisalane5@gmail.com

Boots Off Please

A friendly reminder to do your part in helping the club's maintenance team keep the floors and carpets clean.

Remember to take your boots off when entering, and leave them in the mats provided.



"Maintenance Free" Decking



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eQuinelle Resident Club Activities (update Feb 2020)

There's always lots to do in our community. Try these activities, open to all members. For the most current info and schedules, go to: equinelleresidentclub.com/members-activities. There is always plenty to do in our wonderful community. Below is a summary of regular activities that you may be interested in trying out. They are open to all Resident Club members so feel free to join in. If there is an activity that you are interested in that is not currently available, please feel free to speak to one of the Advisory Board members.

For the most current information on activities and schedules, visit the Resident Club Website at: <https://equinelleresidentclub.com>. Of particular interest is the Website calendar of activities that can be viewed by the category of activity, room location of activity or the full gambit of activities on one page. The calendar is updated regularly and is your best source of current information re activities and events.

Please note that notices for all activity updates, new sessions, cancellations etc., are sent to members according to the areas of interest that you have identified on your Website Profile so it is important to keep this current.

Access to the Resident Club is limited between 5:00 a.m. and 10:00 p.m. daily.

Current activities in alphabetical order are as follows:

ART

The Art Group meets Thursday afternoons in the Craft Room from 1-4 p.m. If you think you would like to try your hand at painting or drawing, please drop by for a visit. Workshops are also provided periodically. For more information, please contact Ann Martin at: annmartin50@sympatico.ca

BILLIARDS

The billiard room is available during resident club hours. Times reserved for groups are as follows:

- Adult billiards is scheduled Sunday through Thursday evenings (September – April); and
- Ladies billiards is scheduled once a week on Tuesday afternoons.

For more information on the Adult Billiards, contact Ted Livingston at: ctliv@bell.net and for more information on the Ladies Billiards contact Marianne Phillips at: marian-nephillips01@gmail.com

BOOK CLUB

This very active group meets between 1-3 p.m. on the third Thursday of each month, in the Library. New members are always welcome. If you would like to participate, please contact Elisa Lane at: elisalane5@gmail.com

BRIDGE, EUCHRE AND OTHER CARD GAMES

The card room is a busy spot. Come out and join your neighbours for social bridge, bridge for experienced players, euchre and bid euchre. Also lessons are periodically provided for those interested in learning to play bridge.

For additional information related to bridge, contact Catherine Allan at: allancatherine52@gmail.com; for further information on euchre contact Cathy Livingston at: cathyliv315@gmail.com; and if you are interested in bid euchre contact Jim Wise at: wisejim007@yahoo.com

CREATE A CARD

This group meets on the Third Wednesday of every month from 6:30 - 8:30 p.m. in the Card Room to create beautiful handmade greeting cards under the direction of a skilled instructor. If you are interested in getting a monthly invite please select this group in your profile. For more information contact Joanne Lincoln at: joannemlincoln@outlook.com

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newenergykreations@gmail.com www.newenergykreations.ca

eQuinelle Resident Club Activities continued

EQ LIBRARY

The Library is a great place to sit, enjoy the view, and borrow books from our collection of recent fiction and biography. There is also recently added puzzle table that is available for all to enjoy. Please be aware that the Library is also used for various closed meetings during which the Library is not open to the membership. These meetings are shown on the Calendar so please check the Website before heading over.

FITNESS

Stay fit and active by using the well-equipped exercise room. Alternatively, take advantage of the wide range of fitness classes available. For example there are instructor-led classes for; Yoga, Zumba, and Strength, Core and Balance and during the summer months there are a couple of weekly Aqua Fit classes. Please note that some classes require registration, may have limited capacity and may have an associated fee.

There are also classes that are self-directed with the support of a video such as the current Miracle Mile Walk class.

KNITTING/CROCHET DROP IN

Knitters and crocheters meet on Wednesdays between 2:00 – 4:00 p.m. in the Craft Room. Everyone is welcome, from novice to advanced. For more information contact Susanne McLoughlin at: fechtsusanne@gmail.com

MEXICAN TRAIN

Monday from 7:00 pm to 9:00 pm is the time for Mexican Train in the Craft Room. Come out and have some fun, and get to know your neighbours. No previous experience needed. If you are interested contact: spmpoole@gmail.com

PHOTOGRAPHY CLUB

The Photography Club has been very active up until recently and is currently looking for someone to take on a leadership role. Should you be interested in leading this group, contact any member of the Advisory Board.

PICKLEBALL

Pickleball games are happening several times each week at four different levels of play (soft, intermediate, advanced and competitive). No registration is required. See the website activities calendar for details for the various levels of play. While our play has been restricted to the inside courts we are very much looking forward to the opening of the outdoor Pickleball and Tennis Courts this spring.

STAINED GLASS

Stained glass enthusiasts meet throughout the fall and winter months in the Craft Room, Tuesdays from 9:00 – 12:00 and 1:00- 4pm. If you are interested in learning more, contact Penny Wise at: peneopewise@yahoo.com (until May) and Keith Nixon at: keithisaway@yahoo.ca (after May).

VETERANS' CLUB

The Veterans' Club is a social club that supports the bonds of friendship among former and serving members of the Canadian Armed Forces living in the community and welcomes members of law enforcement who served alongside members of the Canadian Armed Forces in a designated theatre of operations. The Veterans' Club hosts a coffee hour every Wednesday between 1:00 and 2:00 in the Library. For further information contact Craig Calvert at: craig.b.calvert@gmail.com

WRITERS' CIRCLE

This group will be resuming monthly sessions in the spring. New members are always welcome. For more information, contact Nancy MacLean at: livewiremac@gmail.com

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eQuinelle Knitters create Comfort Dolls for the Kemptville Hospital

When the days got shorter and cooler last fall, a dedicated group of knitters got together to create over 30 unique comfort dolls. They were donated to KDH this January and are now part of the 792 dolls which have been made since 2017. Volunteers give the dolls to young patients to ease the stress of visiting the hospital emergency ward. Thank you to all the ladies who were part of this group endeavour! A special thank you to Belinda Nelson who brought us this idea, and to Andre Rancourt, our liaison with the hospital!

If you are interested in participating in group projects, or in working on an individual creation, come join us in the craft room on Wednesdays between 2 and 4 p.m. Contact Susanne McLoughlin at fechtsusanne@gmail.com for more information.



... submitted by Susanne McLoughlin

Friends of eQuinelle

The following businesses are additional community neighbours who contribute to the health and growth of our local economy. They support us by making a nominal financial contribution to our newsletter. We thank our advertisers and these Friends of the Resident Club. We encourage members to show their appreciation when in need of products or services that these businesses offer.

B & H Community Grocer

Fresh local Produce, Dairy & Grass-fed Beef
301 Rideau Street/Hwy 44
<https://localgrocer.ca/>

Nature's Way Select Foods

Supplements - Natural Foods - Health & Beauty - Wine Kits
2676 Country Rd 43, Kemptville
www.natureswayselect.ca

First Stop Tool & Equipment Rental & Small Engine Repairs

2678 Highway 43, Kemptville
www.firststoprentals.com

Dr. Michael McGahey, DC

Chiropractor for active People of all Ages
295 Country Rd. 44, www.kemptvillechiro.com

Floral Design Landscaping Inc.

Inge van Stralen, Operations Manager
www.floraldesignlandscaping.com

Smokie Ridge Vineyard

Army Vet/Family owned & operated Winery
Mountain, Ontario (20min from Kemptville)
www.smokiesgrapes.com

Heavenly Hands Studio

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209 Sanders Street, Kemptville, 613 258-4263

Saltastic

A natural way to cleanse and maintain skin and respiratory system
2727 Country Rd. 43, Kemptville
www.saltastic.ca

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209 Saunders Street, Kemptville 613 227-7610

ABOUT TOWN

North Grenville Historical Society

The North Grenville Historical Society (NGHS), a not-for-profit charitable organization, operates an archive with collections of documents, photographs, maps, books, newspapers and other artifacts related to our region. **The Society is currently seeking to expand its membership and volunteer base.** Interested parties may visit www.northgrenvillehistoricalsociety.ca, or contact nghsociety@gmail.com

SOUPFEST 2020

Saturday March 7, 11 am-2 pm
 North Grenville Municipal Centre
 Come meet chefs from across the region. Taste and judge their mouthwatering soup creations

Tickets are \$10 for adults and \$5 for children. They can be purchased at the Municipal Centre or at the door.
 For more information, email Lynn Ford at Lynnford2013@gmail.com or call at 613-989-3042.



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ness, artisans, one of a kind products, demonstrations, tastings, and more . . .

Free admission

Saturday, April 25, 2020

at the North Grenville Municipal Centre



Hello SNG Community!

Heads-up: The annual Sustainability Fair and Kemptville EV show will take place on Sunday April 19 2020, at the

North Grenville Municipal Centre.

Stay tuned for more information!