



# Connections

... created by and for members of the eQ Resident Club

January 2024

Photo credit: J.J. Blais

## Message from the Resident Club Board

Happy New Year.

As we enter 2024, the weather may not always give us the brilliant sunshine or magical charm of snow that usually enhances our outdoor experiences. However, the Resident Club remains steadfast in its commitment to the various activities that bring our community together. Whether it's the familiar rhythm of ongoing activities or exciting new events, our shared spaces are a central hub for fostering connections and camaraderie.

January is shaping up to be an enjoyable month, kicking off with a "Beat the Blues" night on January 12 in the Fireside Grill. Live blues music featured the talented Adam Karch, winner of the Best Guitarist solo at the 2023 International Blues Challenge in Memphis. A southern-style menu complemented the evening, for a harmonious blend of music and culinary delights. Next up, the WWL "Let it Snow" luncheon on January 18, featuring guest speaker, "Naomi House". Closing out this month, we extend a warm invitation to join us at the Fireside Grill, where you can escape the winter chill and enjoy another evening of music. On January 26th Zachary Martin, the amazingly talented Ottawa-based acoustic guitarist, singer and songwriter will entertain us. As we move into February, join us for a romantic Valentine's celebration at the Fireside Grill on the 14th. Watch for more details in the coming weeks.

Stay in the loop on all our exciting social events. Visit the website at:

<https://equinelleresidentclub.com/Activities-Social-Events>

to make sure you don't miss out on any upcoming happenings.

Regrettably, a mechanical failure in the multipurpose rooms on December 10th necessitated immediate repairs. The eQ management team is actively working

to restore the multipurpose rooms as quickly as possible, so normal activities can resume. Thank you for your understanding and patience during this temporary interruption.

Ending on a positive note, a big thank you to eQ Management for their generosity in providing complimentary access to the indoor golf driving range throughout January at the Ben Franklin Park. What a fantastic opportunity to hone your skills and get in the swing for the 2024 golf season. Happy swinging.

We hope you enjoy the inaugural edition of your Connections newsletter for 2024. As we forge ahead, the Board is actively looking for volunteers to come forward and play an integral role in shaping and bringing life to new events or activities



Here is the complete image of the photo used in the masthead. Thanks to J.J. Blais

## Nutcracker Gala - a magical night !



The 2023 resident club holiday season kicked off on December 9th with the Nutcracker Holiday Gala. Over 145 members joined gala co-chairs Irene Blais and Sandy Richmond and the event decorating committee for a gourmet dinner prepared and served by chef Nakul Dev and the eQuinelle Clubhouse team.

Dinner was followed with dessert and dancing while neighbours and friends mingled and celebrated the evening. So much fun with a dessert and candy bar that took us back to our childhood with cake pops and favourite candies and chocolates. And let's not forget dancing to some of our favourite songs provided by Midnight Music.

A special thank you to the Advisory Board, and to Rick Milks and Courtney Miller for the ongoing support. And to the decorating committee: Marianne Phillips, Kim Godin, Lynn Whitty, Sheila Majid, Maureen Coates, Donna McEvoy, Elvira Norman, Maline Hillier and

Joelle Meijer with special mention of Jane Nopper for the use of one of the Nutcrackers. And finally, a special mention for Frank Meijer for his ongoing support with technology including registration, emails and such.

It was a magical night to remember!

... submitted by Irene Blais and Sandy Richmond



*Watch for e-blasts about our  
Feature nights in the grill*







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## New year's Eve Casino

A heartfelt thank you to the dedicated team of volunteers for orchestrating yet another incredibly successful New Year's Eve Casino night. The atmosphere was electric, with the table games heating up and both Blackjack and Roulette proving immensely popular, ensuring a night of enjoyment for all attendees. Their hard work and commitment to creating such a lively and entertaining event for game players and non-card-playing guests alike have not gone unnoticed, and we extend our gratitude for making New Year's Eve an unforgettable celebration of our community. The food was delicious, the door prizes were abundant and the auction prizes were heavily contested. Welcoming in the New Year with bubbly and the "countdown" with this community of friends was a surefire way to start the new year off right. Cheers to their exceptional efforts and the joy they brought to everyone who participated. And a special shout-out to the talented one-man musician, Steve Carle, whose musical prowess added an extra layer of magic to this event. His skillful performance elevated the atmosphere, creating a vibrant backdrop of tunes that resonated with the spirit of the evening. Happy New Year!

New Year's Eve Committee: Val Hansen, Catherine Allen, Doug & Paddy Taylor, Ginnie Boro, Brenda Colebrook, Jan VandenTillaart, Chris Martin, Monique Warrack, Patricia & John Evans, Danelle & Marc Ethier, John & Barb Foster, Mike & Carolyn Labreque, Rob & Bernie Lockyer, Elisa & Greg Lane and Andy & Sue Legault.

Special thanks to the sponsors: eQ Resident Club (music), Celtic Golf, eQ Golf Club, and Barb Foster.

... submitted by Susan Legault



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**Caroling on the Veranda**



Many thanks to the North Grenville Concert Choir for graciously dedicating their time and voices to infuse the eQuinelle neighborhood with holiday cheer on December 17th, on the club veranda. The Kemptville Youth Centre became a recipient of this festive spirit, benefitting from generous donations totaling \$940. These funds will play a crucial role in supporting the Centre as it strives to meet the increasing demand for its services. Our appreciation extends to the photo club for capturing special moments at this event. A thank you to the club manager, Rick Milks, for donating hot chocolate and cookies. Rumor has it that the next Christmas caroling event will be even bigger!

Hope to see you there!

... submitted by Joe Barry



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## Knitting & Crochet

Our 21 charity blankets are ready to be donated!

Nine children's blankets are going to Family Services, while Beth Donovan Hospice and Bayfield Manor Retirement Home will each receive six adult blankets. Our devoted crafters are continuing to knit blankets until all our yarn has been used up.

Beginner knitting classes were held in the fall and during the month of January. Some of these same beginners are participating in a 4-session sock workshop. At the same time, a sweater knit-along project is continuing.

You do not have to be in a class/workshop or working on one of our group projects to join us Wednesdays in the Library between 2 and 4 pm.

For project and class information - Irene Blais at [irene.blais@gmail.com](mailto:irene.blais@gmail.com).

For weekly meeting information - Susanne McLoughlin at [fechtsusanne@gmail.com](mailto:fechtsusanne@gmail.com).

... submitted by Susanne McLoughlin





## Pickleball Celebrates a Special Player

In November pickleballers moved their play inside for the winter.

We were pleased to help Ed Duncan, our patriarch, celebrate his 85th birthday on November 6th. This man has been playing since 2016 and is one of the earliest members of the club. Ed and his wife Sylvia had moved into their condo here in 2015. Ed has always been a sportsman. He had never played a racquet sport before but credits his previous involvement in sports, particularly lacrosse, with his eye hand coordination. He played competitive lacrosse in the senior ranks in his younger days, as well as football, swim-



ming, downhill skiing (including ski patrolling) and biking. To say he loves his new found sport is definitely not an exaggeration. Ed claims he was first attracted to pickleball because it provided him with an opportunity for some exercise and to socialize with neighbours he might not have met otherwise. Despite having open heart surgery in 2015 plus a spinal fusion in his early thirties he still plays regularly. This fall Ed received a trophy as the Most Inspirational Player at the October recreational players Tournament. His calm cool collected approach to the game is an inspiration to us all. Ed loves serving the ball but isn't always crazy about chasing after balls on returns particularly when playing outside. When asked for any words of wisdom to pass along his immediate response was that players get out there and have fun and don't take the game too seriously. We wish him many more years of pickling.

LIVE, LAUGH, PLAY!

... submitted by Penny Pepin

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## Under the Spell of Blues !



On the evening of January 12th, Resident Club members embarked on a wonderful journey, delving into a captivating kaleidoscope of blues, fine dining and cherished friendships.

Adam Karch, a true maestro, worked his musical magic, providing a rich and diverse repertoire of blues that resonated with the hearts of our members. The music just wasn't heard, it was felt, and our members couldn't resist the magnetic pull to get up and dance the night away. The intimate setting of the Fire-side Grill served as the perfect backdrop, creating a cozy atmosphere that enhanced the overall experience.

A heartfelt thank you to all who made this evening an unforgettable night. Music provided by the eQ Resident Club. Here's to the memories we've made, and the countless more waiting to be created!

... submitted by Ellen Brayton



## eQ Resident Club Advisory Board 2023 - 24

### Chair - Joe Barry

[erabjoeb@gmail.com](mailto:erabjoeb@gmail.com)

Liaison for Veterans Club, catering kitchen, Whisky tasting, and playgroup

### Vice Chair - Mike Labrecque

[erabmikel@gmail.com](mailto:erabmikel@gmail.com)

Liaison for gym, exercise studio, and swimming pool

### Treasurer - Jen Wilson

[erabjen@gmail.com](mailto:erabjen@gmail.com)

Liaison for book club, photography, Improv and Women Who Lunch

### Secretary - Ellen Brayton

[erabellenb@gmail.com](mailto:erabellenb@gmail.com)

Liaison for pickleball, tennis

### Director - Darryl Boyce

[erabdarrylb@gmail.com](mailto:erabdarrylb@gmail.com)

Liaison for billiards and cards

### Director - Frank Meijer

[erabfrank@gmail.com](mailto:erabfrank@gmail.com)

Liaison for the website

### Director - Lynn Whitty

[erablynn@gmail.com](mailto:erablynn@gmail.com)

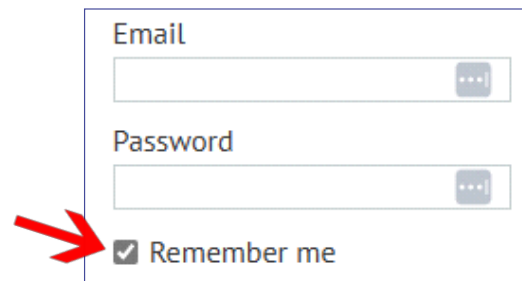
Liaison for arts & crafts, women's meditation circle and social events

## Get the most out of the Resident Club Website

### Stay logged in

The most interesting parts of the website are accessible only to members, so you have to log in to see them.

Did you know that you can stay logged in by checking the box "Remember me"? That way, the next time you come back to the Resident Club website, you won't have to log in again.



The screenshot shows a login form with two input fields: "Email" and "Password". Below these fields is a checkbox labeled "Remember me". A red arrow points to the checkbox, indicating that it should be checked to stay logged in.

### Registering for events

When you register for a course or an event through the Resident Club website, remember the final step! After you have entered all the requested information, you must click the Confirm button. You will then receive an email confirming your registration. If you don't get that email, you're probably not registered!

See the example below:



The screenshot shows the "Review and confirm" screen for the "WWL 'LET IT SNOW' LUNCHEON". It includes details about the event (January 18, 2024, 12:00 PM - 2:30 PM, Location: Fireside Grill) and the ticket type (Pay the Grill (\$25.99 + tax)). A red arrow points to the "Confirm" button at the bottom right of the screen.

Graphic Design: Joan Beauregard

To submit something for inclusion or inquire about content, please email [jbeau36@bell.net](mailto:jbeau36@bell.net) or any Board member